

SATURDAY 5TH OCTOBER

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| 7.30-8.30 | ON THE DAY FUN RUNS REGISTRATION | Dickinson Park, near Bermagui Surf Club | EFT and cash payment available |
| 8.00-9.00 | Sapphire Tai Chi | Dickinson Park, near Bermagui Surf Club | FREE, bookings preferred at rebootinbermagui@gmail.com |
| 8.00-9.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 8.30 | 1.5KM HORIZON BANK KIDS FUN RUN | Dickinson Park, Lamont Street, to Fishermen's Wharf and return | Registration required: to 30/9 \$10pp; from 1/10 \$15pp, primary school kids only; includes Sunday breakfast |
| 9.00-10.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 9.00 | 15KM CLUB-CAMEL-CLUB TRAIL RUN | Dickinson Park, Lamont Street, to Camel Rock and return | Registration required: to 30/9 \$20pp U14 and \$55 adult; from 1/10 \$25pp U14 and \$65pp adult; includes Sunday breakfast |
| 9.15 | 5KM NO HILLS FUN RUN/WALK | Start and finish at Dickinson Park, loop run to rock wall at northern harbour entrance and return | Registration required: to 30/9 \$15pp U14 and \$35pp adult; from 1/10 \$20pp U14 and \$45pp adult; includes Sunday breakfast |
| 9.30-10.15 | Kids entertainment | Dickinson Park, near Bermagui Surf Club | FREE, bookings not required |
| 10.00-11.00 | Heart Yoga with Mary McLean | Bermagui Surf Club, Horseshoe Bay Beach | FREE, max 25, bring your own mat and blanket, bookings preferred at rebootinbermagui@gmail.com |
| 10.00-11.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 10.30-10.50 | Fun Runs Presentations | Dickinson Park, near Bermagui Surf Club | |
| 11.30-1.00 | REBOOT TUG-O-WAR CHALLENGE | Dickinson Park, opposite Bermagui Beach Hotel, 10 Lamont Street | \$20 U14 team of 4, \$40 adult team of 4, register online at rebootinbermagui.com.au or on the day |
| 11.30-12.30 | Pilates with Caryl, AA Pilates | Bermagui Surf Club, Horseshoe Bay Beach | FREE, bring your own mat, bookings preferred at rebootinbermagui@gmail.com |

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| 1.00-3.00 | Come & Try Table Tennis | Bermagui Indoor Sports Stadium, Bunga Street | FREE, bookings not required, wear comfortable clothes and sports shoes, equipment provided |
| 2.00-4.00 | Tennis Experience | Bermagui Country Club, Courts 1 & 2 | FREE, bookings not required, wear sports shoes |
| 2.00-4.00 | Barefoot Bowls | Bermagui Country Club, Lamont Street | \$5pp, bookings essential at bermagiubowls@gmail.com or phone Gerry 0427 850 947 |
| 5.30-7.00 | Sound Bath Deep Relaxation/ Meditation | The River Rock Cafe, Wapengo Street, Bermagui | \$25pp, max 10, bookings essential with Matt 0491 721 413 or theriverrockcafe@yahoo.com |

SEE OVER FOR REBOOT SUNDAY PROGRAM OF ACTIVITIES

LET BERMAGUI ENTERTAIN YOU!

SATURDAY 5TH OCTOBER

* **Sapphire Coastal Adventures Bermagui Whale Watching Adventure**

8.30am & 11am, departs Bermagui Harbour, bookings essential by phone 6495 1686 or online at sapphirecoastaladventures.com.au

* **Montreal Goldfield Guided Tour**

1.45pm for 2pm start, 769 Wallaga Lake Road, Wallaga Lake (next to BIG4 Wallaga Lake Holiday Park), bookings only required for groups of 10 or more

* **DJ music Bermagui Beach Hotel, 4pm-7pm**

* **Live music Bermagui Country Club, 7pm-10pm**

SUNDAY 6TH OCTOBER

* **Montreal Goldfield Guided Tour**

1.45pm for 2pm start, 769 Wallaga Lake Road, Wallaga Lake (next to BIG4 Wallaga Lake Holiday Park), bookings only required for groups of 10 or more

* **Live music Bermagui Beach Hotel, 4pm-7pm**

DIARY NOTE!

**ReBoot in Bermagui 2025:
Saturday 4th and Sunday 5th October**

ReBoot in Bermagui

*A weekend to run, swim, ride,
play and relax*

PROGRAM OF ACTIVITIES

**Saturday 5th October
and Sunday 6th October 2024**

ReActivate

Fun runs, ocean swims, road bike ride,
tug-o-war, Bermagui breakfast

ReEnergise

A range of activities for all ages
and fitness levels

Registration, bookings and more information
rebootinbermagui.com.au

Follow us on **Instagram**

Bermagui information visitbermagui.com.au

SUNDAY 6TH OCTOBER

| | | | |
|-------------|---|---|---|
| 6.30 | 34KM ROAD BIKE RIDE BERMAGUI TO HERGENHANS ROAD & RETURN | Start and finish at Bermagui Community Centre, 3-5 Bunga Street | Online registration required: to 30/9 \$40pp; from 1/10 \$45pp; max 50 riders 16 years and over, no entries on the day |
| 8.00-9.00 | Sapphire Tai Chi | Dickinson Park, near Bermagui Surf Club | FREE, bookings preferred at rebootinbermagui@gmail.com |
| 8.00-9.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 8.00-11.00 | Healthy Bermagui Breakfast | Bermagui Surf Club, Lamont Street | No charge to participants in fun runs, swims, bike ride; 10pp all others |
| 9.00-10.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 9.30 | 350M POINT TO POINT SWIM | Horseshoe Bay, Lamont Street | Registration required: to 30/9 \$15pp U14 and \$25pp adult, from 1/10 \$20pp U14 and \$30pp adult; includes Sunday breakfast |
| 9.45 | 1.2KM SWIM | Horseshoe Bay, Lamont Street | Registration required: to 30/9 \$20pp U14 and \$40 adult; From 1/10 \$25pp U14 and \$45pp adult; includes Sunday breakfast |
| 10.00-11.00 | Stand Up Paddle Board (SUP) | Northern end of bridge at The River Rock Cafe | \$25pp, min 3/max 10, book with Matt 0491 721 413 or theriverrockcafe@yahoo.com |
| 10.00-12.00 | Badminton | Bermagui Indoor Sports Stadium, Bunga Street | FREE, bookings not required |
| 10.45 | Swim and ReBoot Champions Awards | Bermagui Surf Club, Lamont Street | |
| 11.00-2.30 | Netball Mixed Round Robin | Bermagui netball courts, behind Dickinson Oval | FREE, register your team online or on the day |
| 1.00-4.00 | 9 Hole Ambrose Golf Event | Bermagui Country Club Championship Golf Course, Tuross Street | \$10pp, meet 1.00 at Pro Shop rear of Club for 1.30 start, teams of 4 (can be mixed), carts and clubs for hire |
| 1.00-3.00 | Pickleball | Bermagui Indoor Sports Stadium | FREE, bookings not required |
| 4.00-5.30 | Kirtan: "Singing Up Good Vibes" (mantras with music) | Good Vibes Studio, Studio, 56 Lamont Street, Bermagui | \$5 donation entry, bookings not required, all welcome |